

TSEGYALGAR EAST - THE YEAR AT A GLANCE

# November 2009 to November 2010

<b>OCTOBER</b>		
Oct.31 - Nov.1	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Prajna".
<b>NOVEMBER</b>		
2	<b>Public Talk</b>	Jim Valby Public Talk 4/8 titled "Emptiness and Freedom: a Non-Religious Seminar of Study and Meditation", in Northampton, MA.
2	<b>Ganapuja</b>	Full Moon Ganapuja
6 - 8	<b>Vajra Dance Course</b>	"Dance of the Three Vajras" Dance Course with Chie Hammons, supervised by Prima Mai.
9	<b>Ganapuja</b>	Birth of Buddha Shakyamuni Ganapuja
9 - 11	<b>Vajra Dance Course</b>	"Dance of the Song of Vajra" Advanced Dance Course with Prima Mai.
11	<b>Ganapuja</b>	Dakini Day Ganapuja
11	<b>World Wide Transmission</b>	Anniversary Adzom Drugpa with webcasted Worldwide Transmission
13 - 17	<b>Webcasted Dzogchen Retreat</b>	"Dzogchen Dütsi Jonshing Teaching Retreat" with Choegyal Namkhai Norbu, from Barcelona, Spain.
13 - 15	<b>Vajra Dance Course, NYC</b>	"Dance of the Six Spaces of Samantabhadra" Dance Course with Kyu Khandro, supervised by Prima Mai.
16	<b>Ganapuja</b>	New Moon Ganapuja
16 - 19	<b>Vajra Dance Course, NYC</b>	"Dance of the Song of Vajra" Advanced Dance Course with Prima Mai.
27	<b>Ganapuja</b>	Guru Padmasambhava Ganapuja
28 - 29	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Anuyoga".
30	<b>Public Talk</b>	Jim Valby Public Talk 6/8 titled "Emptiness and Freedom: a Non-Religious Seminar of Study and Meditation", in Northampton, MA.
<b>DECEMBER</b>		
2	<b>Ganapuja</b>	Full Moon Ganapuja
4 - 11	<b>Webcasted Dzogchen Retreat</b>	"Dzogchen Longsal Longde Teaching Retreat" with Choegyal Namkhai Norbu, from Tashigar Norte, Margarita Island, Venezuela.
4 - 6	<b>Yantra Yoga</b>	Beginning Yantra Yoga with Paula Barry.
7	<b>Public Talk</b>	Jim Valby Public Talk 7/8 titled "Emptiness and Freedom: a Non-Religious Seminar of Study and Meditation", in Northampton, MA.
7 - 11	<b>Yantra Yoga</b>	Continuing Yantra Yoga with Paula Barry.
11	<b>Ganapuja</b>	Dakini Day Ganapuja

14	<b>Public Talk</b>	Jim Valby Public Talk 8/8 titled "Emptiness and Freedom: a Non-Religious Seminar of Study and Meditation", in Northampton, MA.
16	<b>Ganapuja</b>	New Moon Ganapuja
26	<b>Ganapuja</b>	Guru Padmasambhava Ganapuja
26 - 27	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend for Level II only.
31	<b>Ganapuja</b>	Full Moon Ganapuja
<b>JANUARY</b>		
9	<b>Ganapuja</b>	Dakini Day Ganapuja
15	<b>Ganapuja</b>	New Moon Ganapuja
25	<b>Ganapuja</b>	Guru Padmasambhava Ganapuja
30	<b>Ganapuja</b>	Full Moon Ganapuja
30 - 31	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Purification".
<b>FEBRUARY</b>		
8	<b>Ganapuja</b>	Dakini Day Ganapuja
12 - 18	<b>Webcasted Dzogchen Retreat</b>	"Dzogchen Teaching Retreat" with Choegyal Namkhai Norbu, from Tashigar Sur, Argentina.
13	<b>Ganapuja</b>	New Moon Ganapuja
14	<b>Losar</b>	Tibetan New Year Celebration
24	<b>Ganapuja</b>	Guru Padmasambhava Ganapuja
28	<b>Ganapuja</b>	Full Moon Ganapuja
28	<b>World Wide Transmission</b>	Anniversary Garab Dorje with webcasted Worldwide Transmission
27 - 28	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Zhine (Zhignas)".
TBA	<b>Mandarava &amp; Chod Practice Retreat</b>	Mandarava & Chod Instruction and Practice Retreat, with Nina Robinson.
<b>MARCH</b>		
8 - 12	<b>Webcasted Dzogchen Retreat</b>	"Dzogchen Teaching Retreat" with Choegyal Namkhai Norbu, from Tashigar Norte, Margarita Island, Venezuela.
10	<b>Ganapuja</b>	Dakini Day Ganapuja
10	<b>World Wide Vajra Dance Day</b>	Anniversary Ayu Khandro with Worldwide Vajra Dance Practice
15	<b>Ganapuja</b>	New Moon Ganapuja
25	<b>Ganapuja</b>	Guru Padmasambhava Ganapuja
27 - 28	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Lhagtong".

30	<b>Ganapuja</b>	Full Moon Ganapuja
<b>APRIL</b>	<i>*Ganapuja Dates TBA</i>	
Mar.31 - Apr.9	<b>Yantra Yoga</b>	"Advanced and Teacher Training" Yantra Yoga Course, with Fabio Andrico and Laura Evangelisti
9	<b>Ganapuja</b>	Dakini Day Ganapuja
15	<b>Ganapuja</b>	New Moon Ganapuja
24 - 25	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Refuge".
<b>MAY</b>	<i>*Ganapuja Dates TBA</i>	
29 - 30	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "Short Chod".
<b>JUNE</b>	<i>*Ganapuja Dates TBA</i>	
26 - 27	<b>SMS Practice Weekend</b>	Jim Valby SMS Practice weekend titled "7th Mind Training".
TBA	<b>Dzogchen Practice Retreat</b>	Dzogchen Practice Retreat, with Elio Guarisco
<b>JULY</b>	<i>*Ganapuja Dates TBA</i>	
24 - 28	<b>Dzogchen Teaching Retreat, NYC</b>	Dzogchen Teaching Retreat, with Yeshe Silvano Namkhai
<b>AUGUST</b>	<i>*Ganapuja Dates TBA</i>	
Jul.29 - Aug.12	<b>Dzogchen Teaching Retreat</b>	Dzogchen Teaching Retreat, with Yeshe Silvano Namkhai
<b>SEPTEMBER</b>	<i>*Ganapuja Dates TBA</i>	
Sept.24 - Oct.4	<b>Dzogchen Teaching Retreat, Tsegyalgar West, Baja, CA</b>	Dzogchen Teaching Retreat, with Yeshe Silvano Namkhai
<b>OCTOBER</b>	<i>*Ganapuja Dates TBA</i>	
Oct.31- Nov.4	<b>Dzogchen Teaching Retreat, Berkley, CA</b>	Dzogchen Teaching Retreat, with Yeshe Silvano Namkhai
<b>NOVEMBER</b>	<i>*Ganapuja Dates TBA</i>	
TBA	<b>Dzogchen Practice Retreat</b>	Dzogchen Practice Retreat, with Igor Berkin

Unless otherwise noted all courses and events are held at Tsegyalgar East in Conway MA.  
For more information and to register please contact secretary, Asruh Warner at [secretary@tsegyalgar.org](mailto:secretary@tsegyalgar.org) or (413)369-4153.